



HEALTH AND PHYSICAL EDUCATION

Provide quality health and physical education programs that empower students to apply the knowledge and skills necessary to make responsible choices that lead to healthy and active lifestyles.

Provide opportunities to continuously develop World-class knowledge, World-class skills, along with life and career characteristic as defined by The Profile of a South Carolina Graduate.

Elementary

Maintain compliance by having:

- 90 minutes/week of physical education, Monday through Friday, by certified physical education teachers
- 75 minutes/week of health education by K-5 classroom teachers
- 60 minutes/week of physical activity by K-5 classroom teachers

Middle

Maintain compliance by having:

- At least one 9 weeks of physical education and one 9 weeks of health education for all students in each grade level 6-8
- Health minutes equal 45 hours/year for grade 6 and 37.5 hours/year for grades 7 and 8
(to include Erin's Law)

High

Maintain compliance by:

- Completing one Carnegie unit of physical education between grades 9-12
- Completing one semester of Personal Health
- Including at least 750 minutes of reproductive health and pregnancy prevention education in the personal Health course

Compliance with Laws

- Student's Health and Fitness Act of 2005
- Coordinated School Health Advisory Council (CSHAC)
- Comprehensive Health Education Act of 1988
- Health Education Advisory Committee (HEAC)

